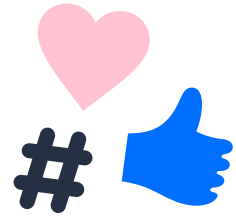


Social media-ready checklist

internet
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Use this checklist to help your child get ready for social media and to support their safety and wellbeing online.



Suitability

- I have checked that my child meets the **age requirements** of the social media platform.
- I have researched the **content and features of the platform** to ensure it is suitable for my child's maturity level and age.
- I've discussed with my child **what type of content is appropriate** to view and share on social media.

Managing risks and interactions

- My child can identify examples of what **personal information** is.
- My child knows how to chat online **without sharing personal information**.
- I've talked with my child about what they should do if something **goes wrong or they need help**.
- My child can show me how to use **reporting and blocking tools**. They can explain why and when to use these tools.
- My child is aware of online risks and knows how to **handle hurtful or harmful behaviour**.

Monitoring children's profiles

- I have reviewed the **parental controls and safety settings** available to keep track of my child's social media activity.
- I **regularly talk with my child** about their online experiences, offering guidance and support.
- My child can explain what **being responsible online looks like**.
- I have discussed with my child how their words and the words of others online can have **real-life consequences**.

Prioritising privacy

- I've checked and **set up the privacy settings** on the social media platform they want to use.
- I understand the **platform's security features**, and my child knows how to use them.
- We've gone over the platform's **terms of service and privacy policy** to understand how their data will be used and protected.



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